

Date: _____

Dear _____:

At this point in your care with the Saskatchewan Cancer Agency, no further follow up will be scheduled at the cancer centre. Your follow up care will continue with your family physician or nurse practitioner. They will also receive a copy of this letter. **Please note that it is your responsibility to contact your family physician or nurse practitioner to arrange your follow-up appointments.**

Guidelines for breast cancer follow-up care are available on the Saskatchewan Cancer Agency website at www.saskcancer.ca in the Health Professionals-Clinical Resources section.

Treatment plan:

- No further treatment required; or
- Adjuvant hormonal treatment with _____ for total duration of _____ years, beginning _____.

Recommendations:

1. Annual mammogram. Next mammogram is due on _____.
2. Clinical exam every six months for five years, and then annually. Next clinical exam due on _____.
3. Refer to the cancer centre after five years of hormonal treatment to discuss extended hormonal treatment (beyond five years) if not indicated initially.
4. Bone mineral density due on _____.

Although you have been discharged from follow up care at the cancer centre, your family doctor or nurse practitioner can refer you back to the Cancer Agency if you need care in the future.

Please feel free to contact the Psychosocial Oncology Department if you need assistance with supportive care services or access to other resources.

Allan Blair Cancer Centre: 306-766-2213

Saskatoon Cancer Centre: 306:655-2662

Sincerely,

Dr. _____