



Breast Cancer Criteria for Discharge

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Eligibility Criteria for Transfer of Care for Women/Men with Early Stage Breast Cancer

- Women/men with early stage breast cancer who have completed adjuvant chemotherapy, anti-HER2 treatment and radiation and may or may not be on adjuvant endocrine therapy.
- Women/men who do not require adjuvant treatment.
- Women/men who are not candidate for adjuvant treatment or who have declined adjuvant therapy.
- Women/men on Tamoxifen or AI (without LHRH) can be discharged after one year from starting hormonal treatment, if there are no concerns regarding tolerability.

Checklist before transfer of care to family physicians:

1. The patient has access to a **primary care physician**.
2. No evidence of recurrent or metastatic disease.
3. Not experiencing treatment related physical or mental symptoms that are adversely affecting quality of life and could result in early discontinuation of adjuvant endocrine therapy.
4. Not enrolled in a clinical trial.

N.B: Women who are on adjuvant zoledronic acid or LHRH agonist will require follow up at the cancer center.

The most responsible physician (MRP) is the main responsible for making the discharge decision according to his/her professional judgment.